

Cumbria-Westmorland Federation Women's Institutes (WIs) listed alphabetically  
With venues, week of the month they meet, time, and postcode (for sat nav).

**1. ALLITHWAITE & CARTMEL WI**

1st Tuesday  
2pm  
Allithwaite Community Centre,  
Quarry Lane  
Allithwaite  
LA11 7QT

**2. ARNSIDE & ARNSIDE KNOTT WI**

2nd Monday  
7.30pm  
Arnside WI Hall  
Orchard Road  
Arnside  
LA5 0DP

**3. ASBY WI**

2nd Tuesday  
7.30pm  
Holiday month - Jan  
Great Asby Village Hall  
Great Asby  
CA16 6EX

**4. BAMPTON**

2nd Tuesday  
(except August)  
7.15pm  
Bampton Memorial Hall  
Bampton  
CA10 2RS

**5. BARBON**

1st Tuesday  
7.30pm  
Barbon Village Hall  
Barbon  
LA6 2LL

**6. BARROW-IN-FURNESS**

3rd Tuesday  
7.30pm  
Trinity Church Centre,  
Abbey Road  
Barrow  
LA14 5HT

**7. BEETHAM**

1st Tuesday  
7.00pm  
The Heron Theatre  
Stanley Street,  
Beetham  
LA7 7AS

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**8. BOLTON**

2nd Monday  
7.15pm  
WI Room,  
Bolton Memorial Hall  
CA16 6AL

**9. BOUTH**

2nd Wednesday  
7.15pm  
The Village Hall,  
Bouth

**10. BOWNESS**

2nd Thursday  
Marchesi Centre  
1pm  
Holly Road,  
Windermere  
LA23 2AF

**11. BRIGSTEER**

2nd Wednesday  
7.30pm  
Helsington &  
Brigsteer Village Hall  
LA8 8AL

**12. BROUGHTON MILLS & WOODLAND**

1<sup>st</sup> Wednesday 7.30pm  
Sept-Mar:  
Reading Room,  
Broughton Mills  
LA20 6AX;  
Apr-Aug:  
Woodland Parish Room  
LA20 6AG

**13. BURTON**

2nd Thursday  
7.30pm  
Burton Memorial Hall  
LA6 1NA

**14. CARTMEL FELL**

1st Wednesday  
7.30pm  
Cartmel Fell Parish Hall  
LA11 6NH

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**15. CASTERTON**

1st Wednesday  
7.30pm  
Casterton  
Village Hall LA6 2RX

**16. COLBY**

3rd Thursday  
7.30pm  
Colby Village Hall  
No meeting in August  
CA16 6BD

**17. CONISTON**

3rd Tuesday  
7.30pm  
Coniston Institute  
Yewdale Road  
Coniston  
LA21 8DU

**18. CROOK**

1st Wednesday  
7.30pm  
Crook Memorial Hall  
LA8 9LG

**19. CROSBY RAVENSWORTH & MAULDS MEABURN**

2nd Thursday 2pm  
Maulds Meaburn Village Institute  
CA10 3HN

**20. CROSSCRAKE**

2nd Tuesday  
7.30pm  
Sedgwick Village Hall  
LA8 0JU

**21. CROSTHWAITE & LYTH**

3rd Wednesday  
7.30pm  
Argles Memorial Hall  
LA8 8HR

**22. DENTDALE**

2nd Wednesday  
7.15pm  
Dent Memorial Hall  
Main Street  
LA10 5QJ

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**23. EGTON-CUM-NEULAND**

2nd Tuesday  
7.30pm  
Greenodd Village Hall  
Main Street  
LA12 7QZ

**24. FOXFIELD**

3rd Thursday  
2.00pm  
Victory Hall  
Station Rd  
Broughton-in-Furness  
LA20 6HN

**25. GRANGE-OVER- SANDS**

4<sup>th</sup> Thursday  
7.30pm  
R C Church Hall  
Kents Bank Road  
Grange-over-Sands  
LA11 7EY

**26. GRASMERE**

2nd Thursday  
2pm  
Tithe Barn,  
The Rectory  
Stock Lane  
LA22 9SW

**27. HAWKSHEAD  
& OUTGATE**

2nd Tuesday 2pm  
3<sup>rd</sup> Monday 7.45pm  
Market Hall  
Main Square  
Hawkshead  
LA22 0PQ

**28. HEVERSHAM**

2nd Wednesday  
7.30pm  
Athenaeum  
Leasgill  
LA7 7ET

**29. HOLME**

2nd Tuesday  
7.30pm (April-Sept)  
2.30pm (Oct-March)  
Holme Parish Hall  
Duke Street, Holme  
LA6 1PY

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**30. HOWGILL & FIRBANK**

1st Thursday  
7.30pm  
Alternates monthly between Howgill Village Hall  
(LA10 5HZ)  
& Firbank Church Hall  
(LA10 5EF)

**31. IRELETH WITH ASKAM**

1st Monday 7.30pm  
Rankin Hall,  
Duke Street,  
Askam.  
LA16 7AE

**32. KENDAL CASTLE**

2nd Monday  
7.15pm  
Kendal Town Hall  
LA9 4DL

**33. KENDAL PARR**

2nd Monday  
7.30pm (except August)  
Castle Street Community Centre  
LA9 7AD

**34. KENTMERE**

2nd Thursday  
7pm  
Various venues

**35. KILLINGTON**

2nd Tuesday  
2pm  
People's Hall  
Howgill Lane  
Sedbergh  
LA10 5DF

**36. KING'S MEABURN**

2nd Wednesday  
7.30pm  
King's Meaburn  
Village Institute  
CA10 3BU

**37. KIRKBY THORE**

2nd Wednesday  
7pm  
Memorial Hall  
Main Street  
CA16 1XN

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**38. LEVENS**

2nd Tuesday  
7.30pm (Apr-Oct)  
2pm (Nov-Mar)  
Levens Village Institute  
LA8 8NL

**39. LOWER HOLKER**

1st Wednesday  
1.30pm  
Flookburgh Village Hall  
(LA11 7JX) &  
Lower Holker  
Village Hall  
(LA11 7NU)  
- alternate months

**40. MORLAND & NEWBY**

2nd Thursday  
7.30pm (except August)  
Morland Village Hall  
High Street  
Morland  
CA10 3AT

**41. NATEBY & WHARTON**

1st Friday  
7pm  
Quaker Meeting House  
High Street  
Kirkby Stephen  
CA17 4SH

**42. NATLAND & OXENHOLME**

3rd Wednesday  
7.30pm  
2nd Wednesday in December.  
Natland Village Hall  
LA9 7QQ

**43. NEWTON & FIELD BROUGHTON**

2nd Wednesday  
7.30pm (not August)  
Lindale Village Hall  
School Hill  
Lindale  
LA11 6LE

**44. OLD HUTTON**

2nd Tuesday  
7.30pm  
Old Hutton Public Hall  
LA8 0NQ

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**45. ORMSIDE**

1st Tuesday  
7.30pm  
Ormside Village Hall  
CA16 6EJ

**46. OSMOTHERLEY & MANSRIGGS**

2nd Thursday  
7.30pm, Mill Room  
Mill Lane  
Broughton Beck  
LA12 7PH

**47. POOLEY BRIDGE & DISTRICT**

3rd Thursday  
7.00pm  
Parkin Memorial Hall  
Pooley Bridge  
CA10 2NH

**48. PRESTON PATRICK &  
PRESTON RICHARD**

1st Wednesday  
7.30pm  
Memorial Hall  
Crooklands  
LA7 7NR

**49. RAMPSIDE**

2nd Wednesday  
7pm  
Rampside Village Hall  
LA13 0TY

**50. RUSLAND & DISTRICT**

3rd Tuesday  
7.30pm.  
Alternates monthly between  
Rusland Reading Room  
LA12 8JZ  
& Satterthwaite  
Parish Hall  
LA12 8LN

**51. RYDAL**

2nd Tuesday  
7.00pm  
Kelsick Centre,  
St Mary's Lane,  
Ambleside.  
LA22 9DG

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**52. SCALES**

3rd Thursday  
7.30pm  
Aldingham Parish Hall  
LA12 0PF

**53. SEDBERGH**

2nd Wednesday  
7.30pm  
People's Hall  
Howgill Lane  
Sedbergh  
LA10 5DE

**54. SELSIDE**

1st Thursday  
7.30pm  
Selside Village  
Memorial Hall  
LA8 9LE

**55. SILVERDALE**

1st Thursday  
7.30pm  
Gaskell Hall  
Emesgate Lane  
Silverdale  
LA5 0RA

**56. SOULBY**

3rd Tuesday except  
Dec – 2<sup>nd</sup> Tuesday  
7.30pm  
Soulby Village Hall  
CA17 4PL

**57. SPARKBRIDGE  
& LOWICK**

4th Tuesday  
7.30pm  
Lowick Parish Hall,  
Lowick Bridge  
LA12 8ED

**58. STAINMORE**

2nd Wednesday  
7.30pm  
Brough Methodist Schoolroom,  
Main Street,  
Brough  
CA17 4DA



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**59. STAVELEY**

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7.15pm  
Staveley Village Institute  
Abbey Square  
LA8 9LY

**60. STORTH**

2nd Wednesday  
7.30pm  
Storth Village Church,  
Storth Road,  
Storth  
LA7 7JA

**61. TEBAY & ORTON**

3rd Wednesday  
7.30pm  
Tebay Sports and Social Club,  
Church Street  
Tebay  
CA10 3SP

**62. THWAITES**

3rd Tuesday  
7.30pm  
Thwaites Village Hall,  
The Green  
Thwaites  
LA18 5HZ

**63. TORVER**

3rd Wednesday  
(2nd in Dec)  
2pm  
8 Butcher Moss  
Torver  
LA21 8BY

**64. TROUTBECK**

1st Wednesday  
7.30pm  
Troutbeck Institute  
LA23 1PG

**65. ULPHA & SEATHWAITE**

2nd Tuesday 7.30pm  
Browfoot Room  
Ulpha  
LA20 6DX

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**66. UNDERBARROW**

2nd Wednesday  
April–Sept at 7.30pm  
Oct–March at 1.30pm  
Village Institute,  
Crook Road,  
Underbarrow  
LA8 8HQ

**67. URSWICK**

2nd Wednesday  
7.30pm  
Urswick Parish Room  
LA12 0TA

**68. WARCOP & SANDFORD**

1st Wednesday  
7.30pm  
Warcop Parish Hall,  
Shoregill,  
Warcop  
CA16 6NX

**69. WINDERMERE**

1st Thursday  
7.30pm  
Marchesi Centre  
Holly Road  
Windermere  
LA23 2AF

**70. WITHERSLACK**

2nd Tuesday  
7.30pm  
Witherslack Parish Hall  
LA11 6RW